

CHANGE YOUR THOUGHTS CHANGE YOUR LIFE

FACTS



THOUGHTS



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What is a belief?

Why do beliefs matter?

What is the difference between a fact and a thought?

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What are the 4 Steps to the Belief Formula?

1.

2.

3.

4.

Want to take this further?

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MINDSET MASTERY

FOR WOMEN IN BUSINESS

with Mindset Expert & Master Coach Liz Nicklas

You're not broken. You're not stuck.
Change your thoughts. Change your life.

